

Running							
Time	Position	Number	Name	Sex	Age	Club	
34.41	1	118	Reece Dalton	Male	16	Ripon Runners	
35.52	2	152	Barry Mcguire	Male	40	Harrogate Harriers	
35.59	3	122	Stephen Chaplin	Male	42		
36.46	4	249	James Oldfield	Male	30	Sedgefield Harriers	
36.55	5	250	Paul Weir	Male	40	Sedgefield Harriers	
37.05	6	265	Alex Fawcett	Male	49	Ripon Runners	
37.43	7	158	Philip Teece	Male	55	Stockton Striders	
37.45	8	103	Careron Choules	Male	46	Thirsk & Sowerby Harriers	
37.47	9	175	John Surtees	Male	29	Aycliffe Running Club	
38.36	10	89	Ben Pease	Male	16		
38.48	11	98	Stephan Thomszewski	Male	55	Thirsk & Sowerby Harriers	
39.25	12	79	Robert Moore	Male	26	Middlesbrough and Cleveland Harriers	
39.51	13	114	Nick Norris	Male	23	Bedale & Aiskew Runners	
40.16	14	215	Chris Richardson	Male	50	Easingwold Running Club	
40.32	15	70	Will Crossley	Male	35	Wallsend Harriers	
40.55	16	212	Richard Frost	Male	47		
41.01	17	144	Pete Downes	male	52		
41.03	18	73	Bryan Miller	Male	28	Thirsk and Sowerby Harriers	
41.07	19	239	Ken Wood	Male	37	Thirsk & Sowerby Harriers	
41.29	20	254	Andy Robinson	Male	28	Knaresborough Striders	
41.37	21	260	Paul Ellis	Male	46	Bedale & Aiskew Runners	
41.44	22	253	James Wright	Male	28	Knaresborough Striders	
42.11	23	222	Curtis Arnott	Male	18	Beverley AC	
42.21	24	42	Rob Lickley	Male	40	Thirsk & Sowerby Harriers	
42.29	25	272	Louise Parr	Female	39		
42.31	26	252	Michael Toman	Male	49	Rosendale Harriers	

42.39	27	180 Emma	Robinson	Female	34	Harrogate Harriers
42.42	28	13 Stephen	Constable	Male	50	
42.5	29	8 David	Paley	Male	41	New Marske
43.17	30	86 Graham	Robinson	Male	59	Thirsk@sowerby
43.17	31	209 Wil	Goldsworthy	Male	28	Bedale & Aiskes Runners
43.2	32	182 Robert	Burn	Male	61	Thirsk & Sowerby Harriers
43.22	33	35 Victoria	Gooliman	Female	42	
43.26	34	259 Edward	Prew	Male	17	Beverley AC
43.45	35	15 Russell	Brown	Male	55	
43.5	36	46 Richard	Joynes	Male	40	
43.54	37	196 Lorraine	Hiles	Female	50	Thirsk and Sowerby Harriers
43.55	38	81 Malcolm	Bayford	Male	58	
44.12	39	226 Karen	Hopwood	Female	45	
44.14	40	2 Kevin	Murphy	Male	59	Harrogate Harriers
44.29	41	129 Martyn	Coy	Male	43	Thirsk & Sowerby Harriers
44.38	42	84 Michael	Butler	Male	24	
44.4	43	80 Joanna	Bamlett	Female	26	Middlesbrough and Cleveland Harriers
44.45	44	176 Tracey	Surtees	Female	29	Aycliffe Running Club
44.47	45	178 John	Hall	Male	56	
44.55	46	165 Alex	Green	Male	31	Harrogate Harriers
44.59	47	18 Michael	Knowles	Male	55	Ackworth Rr
45.08	48	166 Shaun	Carter	Male	43	
45.2	49	230 Richard	Beckett	Male	37	
45.24	50	213 Steven	Moss-Blundel	Male	34	
45.32	51	51 Martin John	Luxton	Male	63	Swaledale Runners
45.36	52	179 Sarah	Hood	Female	43	Ripon Runners
45.39	53	177 ian	Taylor	Male	48	
45.52	54	201 Ryan	Mewis	Male	32	

45.59	55	173 Stephan	Butler	Male	37	
46.01	56	137 Sally	Leck	Female	39	
46.05	57	256 Stewart	Dowson	Male	30	
46.21	58	202 Sue	Simpson	Female	54	Harrogate Harriers
46.45	59	211 David	Halladay	Male	52	Wetherby Runners Ac
46.51	60	267 Hilary	Coventry	Female	50	Thirsk & Sowerby Harriers
46.54	61	147 Oliver	Lees	Male	28	Bedale & Aiskew Runners
46.54	62	181 Katie	Veitch	Female	16	0
46.56	63	200 Ruth	Mewis	Female	34	
46.57	64	262 Jeff	Smith	Male	53	NYP Tri
46.58	65	258 Paul	Manning	Male	47	Nidd Valley Road Runners
47.01	66	227 Alan	Pollock	Male	32	Thirsk & Sowerby Harriers
47.13	67	82 Trish	Wardell	Female	46	
47.23	68	245 Derek	Calvert	Male	56	Knaresborough Striders
47.32	69	95 Andrew	Ackroyd	Male	59	Otley Ac
47.46	70	183 Ross	l'Anson	Male	34	
47.49	71	246 Andrew	Roberts	Male	51	Knaresborough Striders
47.51	72	124 Martin	Cummins	Female	63	Thirsk & Sowerby Harriers
47.55	73	26 Paul	Bainbridge	Male	66	Bedale & Aiskew Runners
47.58	74	94 James	Stuart-mills	Male	47	Ripon Runners
47.59	75	106 David	Lawson	Male	43	0
48.01	76	117 Andy	Gibb	Male	55	Bedale and Aiskew Runners
48.05	77	100 Richard	Grayshon	Male	34	
48.1	78	194 Ellse	Nicholson	Female	40	Ripon Runners
48.16	79	188 Ezra	Dunford	Male	16	
48.22	80	143 John	Cooke	Male	59	Tadcaster Harriers
48.5	81	229 Andy	Butcher	Male	49	Thirsk & Sowerby Harriers
48.59	82	53 James	Read	Male	39	

49	83	107 Ashley	Pickles	Female	36		0
49.03	84	150 Denise	Tunstall	Male	51	Teesdale AC	
49.06	85	225 Peter	Broadbent	Male	44	Beverley AC	
48.11	86	97 Sue	Thurlbeck	Female	50	Richmond & Zetland Harriers	
49.15	87	132 Harry	Mcgill	Male	67		
49.16	88	197 Peter	Rowley	Male	59	Quakers Running Club	
49.17	89	140 Sandy	Bryan	Female	56		
49.18	90	139 Nicola	Rees	Female	42		
49.19	91	110 John	Greathead	Male	40	Elvet Striders	
49.23	92	167 Thomas	Hawkswell	Male	22	Bedale and Aiskew Runners	
49.27	93	224 Kelvin	Arnott	Male	22	Beverley AC	
49.28	94	47 Anthony	Hodgson	Male	38	7 Berberis Grove	
49.31	95	16 Steven	Scott	Male	46	Thirskandsowerbyharriers	
49.36	96	248 Marie	Murtagh	Female	33		
49.49	97	45 Steven	Howe	Male	47	Hartlepool Burn Road Harriers	
49.55	98	235 Eleanor	Boyd	Female	16	Beverley AC	
49.57	99	264 Jonathan	Bowyer	Male	47		
50.01	100	9 Claire	Woodhead	Female	39		
50.02	101	93 Lucy	Riley	Female	46		
50.06	102	199 Austin	Donoghue	Male	38		0
50.41	103	87 Peter	King	Male	45		
50.43	104	3 Chris	Aldred	Male	55		
50.43	105	62 Kim	Holden	Female	54	Ripon Runners	
50.45	106	24 Simon	Mccudden	Male	54	Ripon Runners	
50.46	107	72 Claire	Gillan	Female	31	Thirsk and Sowerby Harriers	
50.46	108	66 Marc	Davies	Male	52	Thirsk & Sowerby Harriers	
50.48	109	65 Chris	Appleton	Male	57	Bedale & Aiskew Runners	
50.51	110	111 Steven	Little	Male	57	Idle Ac	

50.54	111	125 Helen	Shields	Female	42	Bedale & Aiskew Runners
50.55	112	214 Sarah	Moss-Blundel	Female	33	
50.58	113	149 Chris	Lees	Male	45	Bedale & Aiskew Runners
51.05	114	6 Beth	Gripton	Female	28	
51.18	115	232 Alan	Harman	Male	57	Thirsk & Sowerby Harriers
51.21	116	268 Kate	Moore	Female	30	
51.26	117	187 Lesley	Willoughby	Female	45	Ripon Runners
51.27	118	210 Amy	Hall	Female	27	Bedale & Aiskew Runners
51.27	119	61 Rebecca	Dutton	Female	31	
51.28	120	153 Robert	Haw	Male	43	Bedale and Aiskew Runners
51.32	121	155 Paul	Drury	Male	46	
51.38	122	193 David	Nicholson	Male	46	
51.39	123	161 Stephen	Daniel	Male	42	Easingwold Running Club
51.42	124	255 Chris	Turner	Male	54	
51.44	125	146 Jo	Hope	Female	45	Ripon Runners
51.54	126	17 John	Knowles	Male	51	Ackworth Rr
21.58	127	184 Debbie	Gibson	Female	52	Nidd Valley Road Runners
51.59	128	204 Heather	Glegg	Female	45	Ripon Runners
52.01	129	159 Daren	Topham	Male	47	NYP Tri
52.08	130	29 Lesley	Clayton	Female	58	
52.23	131	44 Moira	Mctague	Female	57	Church Farm
52.32	132	135 Edward	Smith	male	37	Ripon Roar
52.44	133	221 Neil	Sergeant	Male	62	Beverley AC
52.52	134	96 Jackie	Ackroyd	Female	58	Otley Ac
52.58	135	241 Rachael	Alderson	Female	27	Swaledale Runners
53.07	136	115 David	Horne	Male	52	North Yorks Police AC
53.17	137	57 Karl	Mason	Male	48	
53.2	138	242 Rachael	Procter	Female	28	Swaledale Runners

53.29	139	231 Malcolm	Lee	Male	51	
53.36	140	55 Matt	Phillis	Male	29	
53.45	141	120 Spencer	Stevens	Male	33	
53.45	142	233 Kate	Rosie	Female	40	
53.55	143	130 Faith	Coy	Female	41	Thirsk & Sowerby Harriers
53.56	144	217 Nicola	Glover	Female	38	Beverley AC
53.56	145	22 Graham	Marshall	Male	39	
53.58	146	236 Margaret	Boyd	Female	47	Hornsea Harriers
53.59	147	192 Roy	Smith	Male	64	
54.09	148	274 Darren	Gibbons	Male	40	
54.1	149	275 Vikki	French	Female	38	
54.48	150	108 Claire	Walmsley	Female	39	0
54.58	151	109 Angela	Greathead	Female	40	Elvet Striders
55.07	152	243 Heather	Thomson	Female	49	
55.15	153	164 Emma	Villarrubia	Female	42	
55.18	154	14 Amanda	Brown	Female	49	
55.21	155	102 John	Hunter	Male	65	Swaledale Runners
55.31	156	234 Daniel	Unwin	Male	50	
55.4	157	31 David	Leng	Male	66	Gateshead Harriers
56	158	1 Sophie	Atkinson	Female	50	
56.01	159	207 Diane	Grandison	Female	39	
56.05	160	113 Cathy	Simpson	Female	43	
56.14	161	270 Mel	Dutker	Female	54	Ripon Runners
56.16	162	203 Robert	Barrett	Male	32	
56.26	163	58 Amanda	King	Female	34	
56.26	164	157 Eric	Hindmarsh	Male	58	
56.46	165	121 Mark	Stewart	Male	39	Bedale & Aiskew Runners
57.59	166	131 Daniel	Bell	Male	31	Roundhay Runners

57.17	167	251 Julie	Toman	Female	45	Clayton Moors	
57.38	168	85 Alison	Harkness	Female	41		
57.48	169	88 Jacqueline	Flynn	Female	49	Harrogate Harriers	
57.56	170	36 Ian	Wilson	Male	43	Ackworth Rr	
57.56	171	69 John	Cowen	Male	39	Derwentside Ac	
58.11	172	174 Jonathan	Stearne	Male	54		
58.14	173	126 Dianne	Addison	Female	51	Harrogate Harriers	
58.15	174	186 Gillian	Hall	Female	59	Crossgates Harriers	
58.18	175	170 Andy	Thewlis	Male	57		
58.21	176	119 Andrea	Walker	Female	45		
58.43	177	156 Andrea	Foster	Female	32		
58.45	178	68 Kirstin	Galloway	Female	38		
58.46	179	78 Heather	Jones	Female	44		0
58.53	180	133 Colin	Rodgers	Male	65		
56	181	244 Niall	Christofferse	Male	44		
57	182	148 Susan	Brown	Female	45	Bedale & Aiskew Runners	
59.06	183	34 Christine	Burn	Female	60	Thirsk and Sowerby Harriers	
59.15	184	238 Lynne	Jackson	Female	48	Thirsk & Sowerby Harriers	
59.17	185	71 Andrea	Jackson	Female	33	Derwentside Ac	
59.29	186	237 Janet	Balmain	Female	39	Thirsk & Sowerby Harriers	
59.4	187	261 Kelly	Lowry	Female	31		
59.47	188	269 Paul	Adams	Male	42	Thirsk & Sowerby Harriers	
60.21	189	151 David	Sowray	Male	50	Attached	
60.23	190	219 Helen	Errington	Female	36		
60.23	191	218 Andreas	Errington	Male	37		
60.31	192	220 Emma	Lewis	Female	37		
60.37	193	128 Debbie	Matthews	Female	38		
60.51	194	4 Barbara	Roberts	Female	48		

60.55	195	21 Lisa	Redford	Female	46	
61.03	196	154 Sean	Somers	Male	52	Harrogate Harriers and a.C.
61.1	197	273 Nicola	Lees	Female	41	
61.22	198	206 Heather	Varley	Female	39	
61.25	199	123 Jane	Cummins	Male	53	Thirsk & Sowerby Harriers
61.3	200	5 Jennifer	Roberts	Female	45	
61.31	201	228 Rachel	Barrett	Female	38	
61.33	202	172 Samantha	Miles	Female	41	
61.44	203	205 Clare	Potter	Female	40	
62	204	247 Evie	Woolveridge	Female	37	
62.01	205	74 Paul	Tilley	Male	49	
62.43	206	198 Kate	Ward	Female	37	0
62.52	207	134 Denise	Smith	Female	54	
63.01	208	63 Emma	Boden	Female	44	
63.08	209	145 Kelly	Wallace	Female	33	Ripon Runners
63.1	210	105 Penny	Skilton	Female	45	0
63.11	211	11 Karen	Dobson	Female	34	
63.37	212	223 Dayna	Arnott	Female	16	Beverley AC
63.4	213	37 Caroline	Slator	Female	51	
63.4	214	39 Jane	Bush	Female	52	
64	215	189 Sarah	Blenkinsop	Female	38	
64.05	216	195 Angela	Lumley	Female	46	
64.2	217	77 Elizabeth	Singleton	Female	40	
64.34	218	104 Simon	Gibson	Male	49	
64.39	219	54 Claire	Read	Female	40	
64.4	220	27 Caroline	Snowdon	Female	40	
64.58	221	240 Stephen	Kinchin	Male	53	
64.59	222	90 Sally	Taylor	Female	39	



65	223	266 James	Haigh	Male	40	
65.01	224	271 Lynne	Furlong	Female	45	
65.33	225	99 Catherine	Lumb	Female	55	Thirsk & Sowerby Harriers
65.46	226	142 Natalia	Murgatroyd	Female	33	
66.09	227	263 Helen	Smith	Female		NYP Tri
66.35	228	23 Kirsty	Cooper	Female	28	
66.42	229	76 Robert	Scutt	Male	52	
67.1	230	75 Jane	Scutt	Female	56	
68.07	231	7 Dot	Carr	Female	68	
68.08	232	49 Jamie	Shepherd	Female	32	
68.09	233	52 Kate	Goodfellow	Female	30	
68.14	234	32 Ian	Codling	Male	74	Thirsk and Sowerby Harriers
68.21	235	43 Brenda	Grant	Female	62	Knaresborough Striders
69.03	236	169 Tracey	Turney	Female	32	
69.42	237	216 Jonathan	Hodgson	Male	48	
70.44	238	141 Ruth	Curtis	Female	30	
70.44	239	208 Sian	Savage	Female	31	0
71.12	240	191 Charlotte	Swan	Female	18	
71.13	241	190 Sarah	Swan	Female	48	
72.11	242	67 Bev	Davies	Female	52	Thirsk & Sowerby Harriers
72.44	243	56 Sarah	Peel	Female	22	
76.48	244	40 Elizabeth	Forcester	Female	52	
76.48	245	38 Carol	Jenkins	Female	52	
77.44	246	33 Marian	Codling	Female		Thirsk & Sowerby Harriers
81.01	247	25 Liz	Stephenson	Female	36	Thirsk and Sowerby Harriers
84.04	248	257 Yvonne	Manning	Female	42	