

# North Stainley C of E Primary School

North Stainley. Ripon, North Yorkshire, HG4 3HT

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Headteacher – Mrs Elizabeth Watts

[www.northstainley.n-yorks.sch.uk](http://www.northstainley.n-yorks.sch.uk)



Tuesday 14<sup>th</sup> November 2017

Dear Parents/Guardians,

**The NSPCC's *Speak out. Stay safe.* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.**

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their ***Speak out. Stay safe.*** programme on Thursday 23<sup>rd</sup> November. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school as well as a workshop for Years 5/6.

## What is the *Speak out. Stay safe.* programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC ***Speak out. Stay safe.*** programme, including frequently asked questions, you can find it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please come into speak to me and I can provide more information.

## Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/preventing-abuse/keeping-children-safe/](http://nspcc.org.uk/preventing-abuse/keeping-children-safe/)

Please do not hesitate to contact me if you have any questions or concerns.

Yours sincerely,

Elizabeth Watts  
Head Teacher

"Your support for your child's education is crucial to their progress. Please tell us if there are any adjustments we need to make to help you support your child, for example: letters in large font; letters in different languages; wheelchair access; explaining things over the phone; a discussion with a school colleague of the same gender."



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