

Day 13: Harrogate Town via Ripon City to Bedale Town

Wednesday 14 June, 27.8 miles and 300m ascent

Arguably the most scenic leg on Jeff's 15 day March, this Ripon Rowel route in North Yorkshire is an absolute stunner to be part of.

An easier route in terms of hills and terrain, this 27 mile journey through the Yorkshire countryside is touted as one of the more popular days, with supporters from across the country making the trip to take part.

What is Jeff Stelling's March for Men?

Jeff is walking almost 400 miles from Exeter City's St James Park to Newcastle United's St James' Park to help stop prostate cancer being a killer. Along the way he'll visit over 40 football clubs and will be joined by some famous faces.

